

September 2021

Upcoming Events Inside

CARMEL VALLEY WOMEN'S CLUB

New Beginnings 2021-2022!

CVWC'S September Grand Opening at Prims? Grand!

 Last day to renew your membership and appear in the directory is October 15th! Join today! Fill out form on page 7!



IF you happened to find yourself at Prim's outdoor patio earlier this month, the happenstance was a well-planned invitation to invigorate those who have missed much partying with the Carmel Valley Women's Club. The place was jumping with current members, a batch of new ones, and a passel of returnees. Nearly 50, including 11 guests and four new members, Julie Brooks, Pat Grace, Pamela Tarantino and



Enjoying the day, left to right: Laura Ciucci, President Kathy Kaminski, Maddie Cooper and (new member) Julie Brooks

Linda Arroz, all crowded into the patio to enjoy delightful hors d'oeuvres provided by Jerome's Carmel Valley Market and super refreshments served up by Les Terry.

The weather, 90 percent of the time shrouding Carmel in fog, was brilliantly blue amid dazzling sun.

Kathy Kaminski tried out her new role as President, welcoming new members and current, as she outlined new plans and activities for the club in the coming months. Calling the event a Membership Appreciation, she provided four creative

prizes for raffles.

Meanwhile, members cruised in and out of Prims, searching for just that right crepes pan and trying on selected garments one might find in a culinary shop.

As new memberships were gathered during the afternoon, several others were returning to the clan. Said one, "You know, I just dropped out during the pandemic, and now I realize how much I missed the energy of this group."

Prims had generously opened up its shop for all to view, offering lovely new items at spe-

cial discounts. For many CVWC members it was the first time ever to visit.

The afternoon, considered a brilliant success, is just one of many new events and luncheons planned for the 2021-22 season.



Two visitors, both Gayles, one a McSmith (left), the other, a Paul



Cretia Butler and Lys Fischbeck

September Season Opener Appeals to Current and New Members



(Top; row, left): Ann Cowles, Pat Grace (new), Wendy Fields, Jan Praisner; (right) Stephanie Byrnes, Susan McFarland; (2nd row, left) Helayne Williams, Mary Chamberlin, Laurel Cockcroft; (middle) Noreen Harrow, Marti Myszak, Renee Wagner; (right) Pamela Tarantino (new) and Judy Tschirgi; (3rd row, left) Les Terry and her remarkable spread (center) the inside scoop at Prims, (right) Linda Davey and Peggy Dickson; (4th row, left) CVWC members, new and old, gathered together; (center) event prize items created by Kathy Kaminski (right) Pat Gray, Linda Arroꝝ (new), with Wendy Loftin.

Upcoming October Lunch—The Fusion of Fashion October 6th



OCTOBER 6th brings a new look to the CV Women's Club as designer (and admitted multihyphenate) Linda Arrozo (also a new CVWC member) joins the luncheon group at Plaza Linda for a makeover media review. What, you ask, is all that about? She's considered an author, speaker, storyteller, advisor and actor.

Lest you question the "multi" part of the "hyphenate," that says it all. She is an entertainer and an expert in all those fields.

Arrozo is considered a plus-sized spokesperson and model, and was the first to get a contract with a major brand, the Spiegel Catalog. Her expertise encompasses "the convergence of life and style" with technology. As an author, she's quoted regularly in much of the media: the Associated Press, Smart Money, the New York Times, Forbes and USA Today, to name a few.

Her PR firm, Makeover Media, applies high tech strategies to more traditional PR, giving start-up companies in the areas of beauty, wellness and lifestyles a boost.

She was editor and chief of Real Size dot Com, a first in women's

hybrid clothing designs. She was a well known guest of HSN, QVC and other shopping channels, creating style content for the masses. And she's shared fashion tips with some of TV's most entertaining broadcasters—the same thing she'll do for you on **October 6th., 11:30 to 1:30** So climb on board, your Plaza Linda luncheon awaits!

You'll begin with a salad—your choice of Carne Asada or Castroville Artichoke Veggie Enchilada, followed by a scrumptious dessert, which remains a deep, dark secret! The entire meal is a mere \$45.

HERE'S ALL YOU NEED TO DO:

- Contact our own Penny Wood at 624-3081, or you can e-mail her, at pen-nyw45@yahoo.com and give her the number of people

in your party. No need for a menu. Then mail your check made payable to CVWC Foundation, PO Box 407, Carmel Valley, CA 93924, or bring it with you.

You can also reserve your space online, following a few easy steps. Sign in to this address: www.cvwc.clubexpress.com. Your website is now open.

While you're at it, renew your membership right now. Just include a \$40 check and keep your membership to the CVWC current. Make your reservation for the luncheon **before Friday, October 1st. See you at Plaza Linda!**



Message From Our President

Ladies,

As we move forward into fall and beyond, I am filled with anticipation for all that is to come in the next few months.

We have our first luncheon of the season at Plaza Linda, and as the air starts to feel crisp and temperatures cool, we have our November meeting at one of our favorite spots for lunch, Corral De Tierra!

What I am most looking forward to is our Holiday Extravaganza, sure to be another favorite among our ladies, so please start to check out your closets

and garages for hidden gems to donate to the cause—which, of course, is raising as much funds as possible for our future deserving young women as we award them with scholarships.

And lastly ladies, we are still dedicated to our Members Helping Members Program. So if you know of anyone in our club who is dealing with an illness or loss, and you think they are in need of some kindness, send me their information, so we can lend a hand.



Happy Fall
Best regards,
Kathy Kaminski

Other CVWC Prospects for Speakers This Season



Left, the Mission at the start of reconstruction in 1850, and, right, today.



THE historic Carmel Mission will be the subject of the CVWC's upcoming lunch, at Corral de Tierra on November 3rd. Heading the speaker list is Mission Foundation Executive Director, Stephanie Zelei, who will give us a glimpse into the Mission's past, from its founding in 1771 with the help of Fr. Junipero Serra, to its

deteriorated condition in 1850, when it faced physical ruin. It was then the newly formed state of California, called it its own. You won't want to miss the saga of its restoration up to the present.

Ms. Zelei's presentation, "Preserving the Past for Future Generations," a saga of early Central Coast develop-

ment and the political climate of the infant state, will bring you up to date on all the traumas, historical battles, architectural triumphs of our fabled mission. Don't miss it.

November 3rd is the date. Other informational news will be available shortly, so plan to attend.

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December's Holiday Celebration Will be a Blast!

YES, Virginia, there is a big holiday party planned for the Carmel Valley Women's Club. And it's never ever too early to talk about it. This year, Prez. Kathy Kaminski, along with her elves, Demi Briscoe, June Dawson, and Pinkie Terry are aiming big big BIG for the auc-

tion items. "This will be a really exciting event," claims Demi, "because people have been storing things for at least two years and they'll really want to clean things out."

So take a look in all the cupboards, boxes, attics, garages and other hideaways for items you once couldn't live without, but now can't live with.

Clean them up, dust them off,

find a suitable wrap and notify Kathy or any of her elves. If an item is too big to tote yourself, Kathy will dispatch a sleigh and reindeer to pick it up for you.

The season will soon be upon us, and this is always a big fundraiser for our scholarship fund, so you'll surely want to help.

Just think: After two years of keeping a low or non-existent profile, we're finally able to celebrate the happy holidays with food, fun, first class entertainment and friends!

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Profiles—Helayne Williams



brother, which was just behind her house in San Jose. They met in his back yard. He liked what he saw; he asked her out; two years later, they were married. (Alan's brother remarked later on, "I should have asked her out first.")

Alan was a high school teacher and basketball coach.

They raised their three children in San Jose.

Helayne was connected with the San Jose Medical Center where she managed the Office of Physical Medicine and Rehabilitation. "My entire career has been in the medical field," she says. "For 20 years I was the Administrator of two major Orthopedic Groups in the San Francisco Bay area with as many as eight offices and over a hundred employees. My career consumed most of my time."

After 32 years, as an educator, Alan retired in 2004. Meanwhile, Helayne continued to work and her husband decided to handle the home front.

"He was great," says Helayne. He did all the housework, the shopping, the cooking, laundry."

It wasn't until 2003 when fate stepped in. She was offered a job with the Gastroenterology Group here in Monterey. She wasn't looking to make a change, but they had always enjoyed coming to the little Monterey Peninsula near the sea. "We never imagined we'd have the opportunity to live here," she says, "but when this job offer came along, we looked at each other and said, 'What are we waiting for?'" That was 2003.

She worked with the group in medical administration for 16 years until she retired in 2019.

After retirement, she was determined to get involved in the community. When she was working, she had no time to make friends outside her little circle of associates through her business. She was ready to strike out. She wanted to broaden her friendships and find ways to give back to the community.

A CVWC club member who lived close to her, Judie Riley, thought she'd enjoy the club. "She told me she had been involved with the board for many years and insisted it was the best way to get to know people, so here I am. I joined in early 2019." She understands a lot of the members have known each other for many years. "I don't have that background," she says, "but I'm ready to make new friends."

Her "job" as Program Chair, she feels will allow her to get out and meet. She's looking forward to digging around for new and interesting luncheon speakers. She and Alan also want to make up for time lost in the past year.

"Until the pandemic came along we were ready to travel," she notes. "We've always been interested in the exploration of wine and we've taken those trips to wine tastings. We had a trip planned to Tuscany and Ireland but they were cancelled. We're still waiting."

But things are beginning to happen again. In the meantime, Helayne is actively hunting for memorable speakers to inform and charm CVWC audiences for lunch, so stay tuned for big news.

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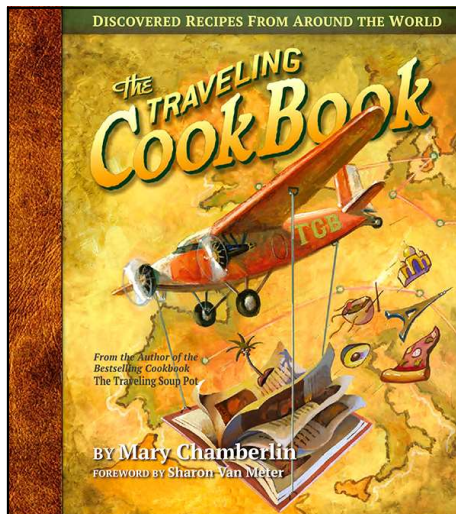
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Mary Chamberlin's Love: Food

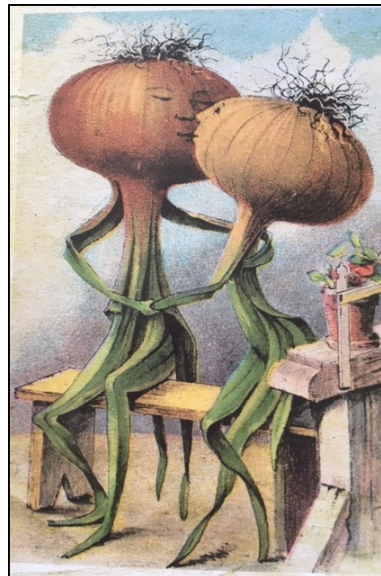


Gazpacho, *Snapper Baja-mar* and Spanish flan. Italy, replete with *Pomodoro* soup, *Zabaglione*, et al. Argentina, Thailand and Hawaii are also included, and further stops through England, France and Wales bring you a veritable smorgasbord of "delicious discoveries."

The illustrations are a delight and a fantasy of food. This book will promise to be a favorite for holiday giving.

IN case you missed the opportunity at Prim's party, local chef and author Mary Chamberlin was present and available to sign her latest cookbook for purchase. Titled "The Traveling Cookbook," Mary presents a raft of delicious recipes "from around the world."

She takes you on a flying food truck around many countries, beginning with Greek cuisine — *Spanakopita*, Marinated Greek olives (grow and process your own), stuffed grape leaves, *Galaktobouriko* (almond custard pie), to name a few. Then it's on to España, with a dollop of



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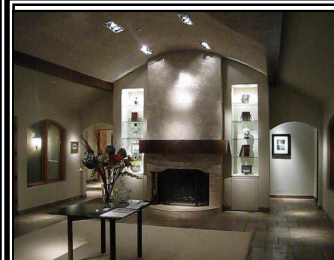


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Carmel Valley Women's Club Renewal Application

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E-Mail Address: _____ Newsletter by mail: _____

Please note: Delivery by US Mail costs the Women's Club \$2.50 per copy (including postage). That's \$2.50 X 10, or \$25 per person per year that we can't give to our scholarship winners! Your email delivery is appreciated. ANNUAL DUES: Still just \$40.00! A bargain.

If you'd like to join on line, go to the website carmelvalleywomensclub.org or contact Pat Gray at pat@patgrayincolor.com.

Carmel Valley Airport: Alive with New Landscape!



OBSERVE the change. The CV airport is a thing of the past. The new look is landscaping for days. It's not open for public perusal yet, but that could change. In the meantime, it's a lovely island of green that provides tons of color in an otherwise barren field.

CVWC member Cynthia Hall, also board member of the Carmel Valley Save Open Space committee, is still intent on purchasing the last eastern ten acres of the strip for public use, particularly for emergencies, such

as threat of fire, or any other disaster. It could also continue to serve as Santa's jumping-off place when he visits here each Christmas. The group has already obtained a \$40,000-pledge and it's working on a fundraising campaign. If you're interested in



lending a hand (or a purse), contact Cynthia cynthiabhall@comcast.net and volunteer.

And if you have a chance, take a stroll around the entire premises. The plants are worth the trek.

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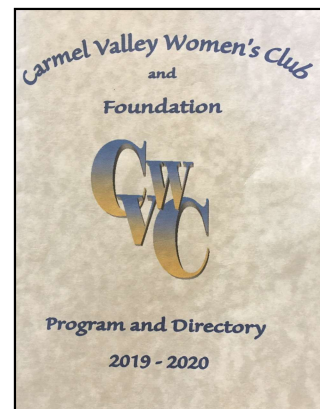


CVWC New 2021-22 Directory

PINKIE Terry says there's just a few weeks left to register for club membership, and you won't want to miss out on being published in the new 2021-2022 directory which is set to appear in your hand (as long as you pick it up at our next outing) in October.

Membership is still only \$40, and every dollar goes to pres-

entation of our various events, luncheons, printing costs, advertising and other expenses the club incurs. Your last date to register is October 15th, so don't delay. Fill out the form in this newsletter and send it in before that date. Stay up-to-date on all that's happening in our Village through your local CVWC!



Who We Are...

THE Carmel Valley Women's Club is a social organization consisting of community-minded Monterey Peninsula women concerned with the welfare of Carmel Valley, the education of Carmel Valley's young women, and the individual needs of its membership.

Who's New?

WELCOME to new members of the CVWC, **Linda Arroz, Julie Brooks, Pat Grace, Pamela Tarantino.** If you're interested in joining an

active group of women donating time and funding to our community, call Membership Chair, Judy Tschirgi, at 610-324-1361, or send an email, jtschirgi@gmail.com



CARMEL VALLEY WOMEN'S CLUB
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